

Hi Everyone,
Happy Chinese New Year to all our friends celebrating this auspicious occasion.
We hope the year of the Goat will bring more promise, prosperity and unity to all Malaysians.
As you all know our website is running again, thanks to Mr Glenson from Eckerm Enterprise.
Hopefully I shall get write ups and short articles from all of you. It can be your travels or some events you have taken part in. Pictures are most welcome.

Kee Poh Siew, Editor

Happy Birthday to Dato' Mohamed Nasir whose birthday is this month. May you always be healthy and wealthy Next month is Foong Leng's birthday.

Events in February 2015	
1st February	Fit Malaysia roadshow in Seremban. Venue: Padang Majlis Perbandaran Seremban. Stick2stix starts at 2.30 pm – 3.30 pm
9th February	Meeting with Dr Selina Khoo and Ms Yuhanis Adnan, Senior Sports lecturers, UM. Discussion on sports collaboration with Australia
15th February	NCWO Exco Meeting Venue: Dewan Seminar Menara Razak, UTM Kuala Lumpur, Jln Sultan Yahya Petra (formerly Jln Gurney/Semarak) Time: 9.00am – 10.30 am NCWO FORUM on BEIJING+20 Road to CSW59 (Open to All) Time: 11.00am - 1.00pm Venue: Dewan Seminar Menara Razak, UTM Kuala Lumpur, Jln Sultan Yahya Petra (formerly Jln Gurney/Semarak)

Coming Events	
2 nd March	Career Comeback Programme Grant Launch organized by Talentcorp Time: 9.00am - 1.30pm Venue: Connexion@Nexus, Bangsar South
7 th March	Blast 2015 Time: 8am – 5 pm Venue: Sultan Abdul Aziz Golf Club, Shah Alam, Selangor. Entrance fee: RM 250/pax
20-22nd March	Global Peace Volunteers Camp # 6 organised by Global Peace Foundation Malaysia Venue: Janda Baik, Pahang
28 th March	“Save Our Rainforest Run” at Hutan Lipur Kuala Woh, Tapah, Perak
29 th March	Fit Malaysia event in Sarawak. Venue: Padang Merdeka

Our team at the Fit Malaysia roadshow in Seremban , 1st February 2015. About 40 participants joined Adilla for the "Stick2stix" workout. Something new for them and they loved it !



Meeting with Dr Selina Khoo and Ms Yuhanis Adnan, Senior lecturers, Sports Centre, UM . The meeting was to discuss on sports collaboration with Australia.



In line with the Budget 2015 announcement by the Prime Minister, YAB Dato' Sri Mohd Najib Tun Abdul Razak to encourage women to return to the workforce, The above programme is organized by Talentcorp.



The Blast 2015 is a 1 day fitness event organised by Ms Sharifah Hanim and Ms Azidah Othman.

Date : 7 th March 2015 (Saturday)

Time: 8 am - 5 pm

Venue : Sultan Abdul Aziz Golf Club, Shah Alam, Selangor

Leonardo de Azevedo (from Brazil) will do the functional training. Ms Kim Boey will do aerobics and toning. Puan Sri' To' Puan Datuk Shariffa Sabrina Syed Akil will present her own brand of aerobic workout called 'Stick2stix' and Mr Kirenjit Singh will do the "Bhangra jam" with live dhol drums.

This event is organized by Global Peace Foundation (Malaysia).

Venue: Janda Baik, Pahang